## CLAIMS

## What is claimed is:

- 1. A method of modulating ciliary neurotrophic factor cell signaling activity in a cell, comprising contacting said cells with an modulator of SOCS-3 activity.
- 5 2. The method of Claim 1 wherein SOCS-3 activity is inhibited, resulting in increased ciliary neurotrophic factor cell signaling activity.
  - 3. The method of Claim 2 wherein the expression of SOCS-3 protein is inhibited, comprising introducing a nucleotide construct comprising a polynucleotide wherein the polynucleotide prevents transcription of SOCS-3 DNA.
- 10 4. The method of Claim 2 wherein the expression of SOCS-3 protein is inhibited, introducing a nucleotide construct comprising a polynucleotide encoding SOCS-3 antisense nucleotide into a cell, wherein the antisense SOCS-3 nucleotide acid binds to endogenous SOCS-3 mRNA in the cell, thereby inhibiting expression of SOCS-3 protein.
- 15 5. The method of Claim 2, comprising introducing a nucleotide construct encoding a modified SOCS-3 polypeptide into the cell, wherein the modified SOCS-3 polypeptide is a competitive inhibitor of endogenous SOCS-3, thereby inhibiting SOCS-3 activity.
- 6. The method of Claim 2, comprising introducing a SOCS-3 inhibitor into a cell,
  wherein the inhibitor interferes with the interaction of SOCS-3 with a SOCS-3
  target protein.

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- 7. The method of Claim 6, wherein the SOCS-3 target protein is JAK2.
- 8. The method of Claim 1, wherein SOCS-3 activity is increased, resulting in decreased ciliary neurotrophic factor cell signaling activity.
- 9. The method of Claim 8, wherein the expression of SOCS-3 protein is5 increased.
  - 10. The method of Claim 9, comprising introducing into a cell a nucleotide construct encoding a SOCS-3 polypeptide or a modified SOCS-3 polypeptide.
- A cell line comprising a cytokine receptor and a reporter gene construct, wherein contacting said cytokine receptor with its cognate ligand results in SOCS-3 production, and wherein transcription of the reporter gene is inhibited by SOCS-3.
  - 12. The cell line of Claim 11, wherein the reporter gene construct contains SOCS-3 promoter elements.
- 13. The cell line of Claim 11, wherein the cytokine receptor is the ciliary neurotrophic factor receptor.
  - 14. A method for identifying inhibitors of SOCS-3 activity, comprising the steps of:
    - a) contacting the cells of Claim 11 with an organic molecule library comprising candidate SOCS-3 inhibitors or transfecting said cells with a cDNA expression library comprising DNA encoding candidate SOCS-3 inhibitors;
    - b) contacting the cells of step a) with ciliary neurotrophic factor;

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- c) selecting the cells of step b) having increased reporter gene activity; and
- d) identifying the organic molecule or cDNA selected in step c).
- 15. A SOCS-3 inhibitor identified by the method of Claim 14.
- 16. A ciliary neurotrophic factor responsive cell line, wherein the cell line is dependent upon a second cytokine for growth.
  - 17. The cell line of Claim 16, wherein the second cytokine is IL-3.
  - 18. A method for identifying inhibitors of SOCS-3 activity comprising the steps of:
    - a) culturing the cells of Claim 17 in the presence of IL-3 under conditions suitable for growth;
    - b) removing the cells of step a) from the presence of IL-3;
    - c) contacting the cells of step b) with an organic molecule library comprising candidate SOCS-3 inhibitors or transfecting said cells with a cDNA expression library comprising candidate SOCS-3 inhibitors;
    - d) contacting the cells of step c) with ciliary neurotrophic factor;
    - e) selecting the cells of d), that are capable of proliferating in the presence of ciliary neurotrophic factor; and
    - f) identifying the organic molecule or cDNA selected in e).
  - 19. A SOCS-3 inhibitor identified by the method of Claim 18.
- A method of reducing weight or food intake in a mammal, comprising
   administering an effective amount of a SOCS-3 inhibitor to said mammal.

- 21. A method of reducing weight or food intake in a mammal, comprising administering an effective amount of ciliary-neurotrophic factor in combination with a SOCS-3 inhibitor to said mammal.
- A method of preventing or inhibiting neurodegeneration in a mammal,
   comprising administering an effective amount of a SOCS-3 inhibitor to said mammal.
  - 23. A method of preventing or inhibiting neurodegeneration in a mammal, comprising administering an effective amount of ciliary neurotrophic factor in combination with a SOCS-3 inhibitor to said mammal.
- 10 24. A method of increasing weight or food intake in a mammal, comprising administering an effective amount of ciliary neurotrophic factor inhibitor to said mammal.
  - 25. The method of Claim 24, wherein SOCS-3 activity is enhanced.